# DAGMAR BRYANT

MOTIVATIONAL SPEAKER // TRANSFORMATIONAL COACH

"Life is not about sitting on the sidelines. To achieve success, you need to take calculated risks."

Dagmar Bryant is a PhD candidate and is a US based, Australian motivational speaker and transformational coach who actively lives this motto. She has a huge wealth of experience in inspiring positive changes that are industry specific. Utilizing her knowledge, belief and wisdom she has inspired people all around the world to make positive changes and dramatically transform their lives.

She is a great believer in "Empowerment Begins With U". Dagmar has graced speaking platforms globally including USA and Australia, helping many people across all avenues of life. She can contribute to your organization's success, delivering results and empowering your workforce to evolve your business.

In the world of transformation, change and leadership, Dagmar brings a refreshing sense of purpose, captivating audiences with her exceptional mindset. She will drive people to embrace change and become motivated to impact bottom line profits. Her presentation, engagement and insight is inspirational. She really will unlock true potential and help transform lives.

Dagmar Bryant has appeared on TV and been heard on radio. She has been published in the wellness press and has produced two meditation CDs.

In her down time she loves to line dance, read and spend time at the beach.







**Meditation CD covers** 

### **HIGHLY EXPERIENCED**

Dagmar Bryant has presented at more than 100 events including corporate events, workshops, Expos & industry specific conferences.

She has worked with:

- » BHP Billiton
- » Orica
- » Rohm and Haas Chemicals LLC
- » Watermark Patent and Trademark Attorneys
- » Ansett Australia



"I've had the pleasure of attending a few of Dagmar Bryant's presentations and have received so much valuable information that has been very helpful to me and others as well. Dagmar comes with great excitement and can hold everyone's attention throughout her presentations.

Carrie Surich, La Habra, CA



#### SPEAKING TOPICS

#### Empowerment Begins with "U"

It focuses on us having a better understanding of ourselves and how our own actions or inactions play a part in the way that we are leading our lives.

Empowerment starts with seeing what we're doing individually, what we're letting affect us and how we can change that.

Understanding that we're responsible for our actions and decisions. We can choose how to better engage in our daily life, both at work, at home and in the community.

Knowing that we are a part of something more. We are all a part of the "whole" that is humanity and we can make a difference, collectively and individually.

How can that idea productively impact decisions in the workplace and at home?

Dagmar can customize workshops and programs for your organization so that your team can achieve the next level of performance and productivity.

SEEN ON













I recently had the pleasure of hearing Dagmar Bryant speak at a local event. She made me feel so inspired, when I heard she was speaking again I had to attend the presentation. The topic was regarding Empowerment, specifically, personal development and confidence. Take control and set goals. Above all, take action to change your life! Motivational? Definitely!

Andrea T, Professional

## **BOOKINGS**