

# DAGMAR BRYANT

MOTIVATIONAL SPEAKER // BUSINESS COACH

“Life is not about sitting on the sidelines. To achieve success, you need to take calculated risks.”

Dagmar Bryant PhD is a UK based, Australian Motivational Speaker and Business coach who actively lives this motto.

She empowers and inspires women in a unique way – having gone through similar experiences that many women have. She encourages women to pursue their dreams and desires. She herself has fought against real-world obstacles:

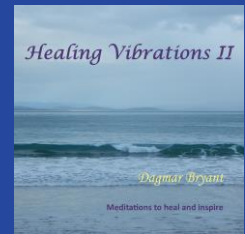
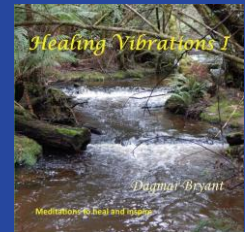
- A super-controlling father who always wanted her to do things his way;
- A (ex-) husband who continually held her back.

She has achieved results by breaking free of limitations:

- A determined young mother wanting something “better” for herself and her kids;
- A resourceful woman who found a novel way to pursue a law degree and successful corporate career;
- Someone who uprooted her life in Australia to take a chance on a new one in America and then in the UK;
- A woman with an entrepreneurial spirit who built a successful coaching business to help others.

Her powerful blend of world-class intuition AND real-world experience gives her a message that deeply “speaks” to audiences of her events. Attendees come away with both a PRACTICAL outline for reaching their dreams... and a touch of INSPIRATION that offers newfound insights.

Simply put, Dagmar Bryant is an uplifting, thought-provoking speaker who combines both heart *and* head to help women unleash their “best selves”!



Meditation CD covers

## HIGHLY EXPERIENCED

Dagmar Bryant has presented at more than 100 events including corporate events, workshops, Expos & industry specific conferences.

She has worked with:

- » Harvard Business School
- » BHP Billiton
- » Orica
- » Rohm and Haas Chemicals LLC
- » Watermark Patent and Trademark Attorneys



“I’ve had the pleasure of attending a few of Dagmar Bryant’s presentations and have received so much valuable information that has been very helpful to me and others as well. Dagmar comes with great excitement and can hold everyone’s attention throughout her presentations.

*Carrie Surich, La Habra, CA*

# SPEAKING TOPICS

## Empowerment Begins with You

It focuses on us having a better understanding of ourselves and how we can make positive transformation in our own lives.

Empowerment starts with seeing what we're doing, what is our perspective and how we can change that.

Your audience will be ready to embrace change and come away with 3 key takeaways that they can action right away.

## Resilience and Mindset

How does our resilience and mindset affect who we are and what we can achieve?

By focussing on a predominantly positive mindset, we are able to achieve greater success and an improvement in our work, business and relationships. This means that we will reach our goals faster and enhance our overall wellbeing.

Dagmar is passionate about helping others lead a life of passion. We can choose how to better engage in our daily life, both at work, at home and in the community.

Dagmar can customize workshops and programs for your organization so that your team can achieve the next level of performance and productivity.

AS SEEN ON



I recently had the pleasure of hearing Dagmar Bryant speak at a local event. She made me feel so inspired, when I heard she was speaking again I had to attend the presentation. The topic was regarding Empowerment, specifically, personal development and confidence. Take control and set goals. Above all, take action to change your life! Motivational? Definitely!

Andrea T, Entrepreneur

## BOOKINGS

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